

Patient Notification of Qualifications and Scope of Practice

In accordance with RCW 18.06.130 and WAC 246-803-300

East Asian medicine means a health care service using East Asian medicine diagnosis and treatment to promote health and treat organic or functional disorders.

1. My qualifications include the following education and license information:

Educational Background

- Bachelor of Natural Science in Acupuncture and Oriental Medicine, Bastyr University, Kenmore, Washington
- Masters of Traditional Chinese Medicine, Five Branches University, Santa Cruz, California
- Doctor of Acupuncture and Oriental Medicine, Five Branches University, San Jose, California (2012)

Licenses and Credentials

- Licensed Acupuncturist (L.Ac.), Washington State Department of Health
- Diplomat in Oriental Medicine (Dipl. O.M.), National Certification Commission for Acupuncture and Oriental Medicine
- Medical Specialist, United States Army
- Integrative Sports Medicine Certificate, Five Branches University
- Clean Needle Technique, Council of Colleges of Acupuncture and Oriental Medicine
- Basic Life Support for Healthcare Providers, American Heart Association
- Drug and Alcohol Detoxification, National Acupuncture Detoxification Association (NADA)
- Acupuncture Point Injection Therapy

2. The scope of practice for an East Asian medicine practitioner in the state of Washington includes the following:

- (a) Acupuncture and Eastern medicine means a health care service utilizing acupuncture and Eastern medicine therapeutic treatments, such as the practice of acupuncture techniques and herbal medicine to maintain and promote wellness, prevent, manage, and reduce pain, and treat substance use disorder;

- (b) Use of presterilized, disposable needles, such as filiform needles, and other acupuncture needles, syringes, or lancets to directly and indirectly stimulate meridians and acupuncture points including ashi points, motor points, trigger points, and other nonspecific points throughout the body;
- (c) Use of electrical, mechanical, or magnetic devices to stimulate meridians and acupuncture points including ashi points, motor points, trigger points, and other nonspecific points throughout the body;
- (d) Intramuscular needling and dry needling of trigger points and other nonspecific points throughout the body in accordance with acupuncture and Eastern medicine training;
- (e) All points and protocols for ear acupuncture including auricular acupuncture, national acupuncture detoxification association protocol, battlefield acupuncture, and the Nogier system;
- (f) Use of contact needling and noninsertion tools such as teishin, enshin, or zanshin;
- (g) Moxibustion;
- (h) Acupressure;
- (i) Cupping;
- (j) Dermal friction technique;
- (k) Infrared;
- (l) Sonopuncture;
- (m) Laserpuncture;
- (n) For the purposes of this section, point injection therapy is defined as meaning the subcutaneous, intramuscular and intradermal injection of substances consistent with the practice of acupuncture or Eastern medicine to stimulate meridians, acupuncture points, ashi points, motor points, trigger points, and other nonspecific points throughout the body.
 - (i) Point injection therapy includes trigger points as a subset of acupuncture points and ashi points as recognized in the current practice of acupuncture and Eastern medicine.
 - (ii) Point injection therapy does not include injection of controlled substances contained in Scheduled I through V of the Uniform Controlled Substance Act, chapter **69.50** RCW or steroids as defined in RCW **69.41.300**.
 - (iii) Substances that may be injected are limited to:
 - (A) Saline;
 - (B) Sterile water;
 - (C) Herbs specifically manufactured for injection by means of hypodermic needles;
 - (D) Minerals specifically manufactured for injection by means of hypodermic needles;
 - (E) Vitamins in liquid form specifically manufactured for injection by means of hypodermic needles;
 - (F) Homeopathic and nutritional substances specifically manufactured for injection by means of hypodermic needles;
 - (G) Local anesthetics, such as lidocaine and procaine, for reduction of pain during point injection therapy, consistent with the practice of acupuncture and Eastern medicine; and
 - (H) Oxygen and epinephrine for potential emergency purposes, such as an allergic or adverse reaction, for patient care and safety, and may only be administered by an acupuncturist or acupuncture and Eastern medicine practitioner using point

injection therapy who has met the training and education requirements established pursuant to RCW **18.06.230**.

- (o) Dietary advice and health education based on acupuncture or Eastern medical theory, including the recommendation and sale of herbs, vitamins, minerals, and dietary and nutritional supplements;
- (p) Breathing, relaxation, and Eastern exercise techniques;
- (q) Qi gong;
- (r) Eastern massage and Tui na (which is a method of Eastern bodywork); and
- (s) Superficial heat and cold therapies.

3. Side effects may include, but are not limited to:

- (a) Pain following treatment;
- (b) Minor bruising;
- (c) Infection;
- (d) Needle sickness; and
- (e) Broken needle.

4. The patient must inform the East Asian medicine practitioner if the patient has a severe bleeding disorder or pacemaker prior to any treatment.